

Mon	Tue	Wed	Thu	Fri
2	3 <b>GUEST SPEAKER</b> ANN VICKERY: <i>R.E.A.P: Recovery Employment Assistance Program</i> 1:30-3:30pm	4 Career Exploration: Skills & Abilities 9:30am-12:30pm  Career Exploration: Exploring Skills, Values & Change 1:30-4:00pm	5 <b>JOB FAIR</b> 11:00am-2:00pm  <b>GUEST SPEAKER</b> PRIMERICA: <i>How to Build a Career in the Financial Industry</i> 5:00-6:00pm  <b>YOUTH JOB SEARCH</b> 5:00-7:00pm	6
9  ET 1: Job Search Bootcamp 9:30am-12:30pm	10 Career Exploration: Labour Market Information & Decision Making 9:30am-1:00pm  <b>GUEST SPEAKER</b> ANN VICKERY: <i>R.E.A.P: Recovery Employment Assistance Program</i> 1:30-3:30pm	11  Second Career Information Session 2:30-4:00pm	12 Apprenticeship Information Session 9:30-10:30am  <b>GUEST SPEAKER</b> MARLA SAMUEL: <i>Nutrition for Restful Sleeps</i> 9:30-10:30am  <b>GUEST SPEAKER</b> PRIMERICA: <i>Will you be Ready for Retirement? RRSP Seminar</i> 3:00-4:00pm	13  ET 2: Identifying Skills & Accomplishments 9:30am-1:00pm  Up Skills for Work: <b>ACCOUNTABILITY</b> 1:30-4:00pm
16 ET 3: Write your Winning Resume 9:30am-12:30pm ET 4: Dynamic Cover Letters 1:30-4:00pm	17 ET 5 & 6: Hidden Job Market 9:30am-4:00pm	18 ET 7: Interview Strategies 9:30am-1:00pm  Resume Clinic *by appointment only* 2:00-4:00pm	19 ET 8: Mock Interviews *by appointment only* 9:30am-4:00pm  <b>YOUTH JOB SEARCH</b> 5:00-7:00pm	20  ET 9 & 10: Mock Interview Review & Job Search Review 9:30am-1:00pm
23 Career Exploration: Personality & Fit 9:30am-4:00pm	24 Up Skills for Work: <b>ATTITUDE</b> 9:30am-12:00pm	25	26 Second Career Information Session 2:30-4:00pm  <b>YOUTH JOB SEARCH</b> 5:00-7:00pm	27 Up Skills for Work: <b>MOTIVATION</b> 9:30am-12:00pm  Opportunities to Work from Home 1:30-4:00pm
30	<p><b>Employment Training Program (ET)</b> is a certificate program that is designed to guide and support you through each step of your job search journey. You'll gain a clear perspective, develop strategic job search methods, and network along the way.</p>			

## April Workshop/Info Session Descriptions

**ET 1: Job Search Bootcamp:** A workshop designed to assess your job search knowledge and identify where you need to focus your job search efforts. You'll discover where you are on the Job Loss Rollercoaster, brainstorm ways to overcome barriers to employment, and set SMART goals for a strategic job search. **April 9**

**ET 2: Identifying Skills & Accomplishments:** To have the most effective resume, you must first identify your skills and create accomplishment statements. In this workshop, you'll decide what skills to include on your resume and learn to write accomplishments that will help make your resume more competitive. *Note: This is a pre-requisite before attending the Resume workshop!* **April 13**

**ET 3-7: Winning Resumes, Dynamic Cover Letters, Hidden Job Market, & Interview Strategies:** We've updated our content and added exciting activities to help better prepare you for your job search. Learn about branding statements, creating effective resumes, traditional and T-Bar cover letters, informational interviews, networking, and strategies on how to answer tough interview questions. Don't miss these essential workshops! **April 16, 17, & 18**

**ET 8: Mock Interviews:** Performing well in an interview is the most important piece of your job search puzzle. This is an exciting opportunity to have your interview skills captured on tape! *Note: You must attend the Interview Strategies workshop before booking a mock interview.* **April 19**

**ET 9 & 10: Mock Interview & Job Search Reviews:** Watch your mock interview and receive professional and peer feedback. Learn from your mistakes now so you can succeed at the real thing! We'll also include a fun and interactive review of all the Employment Training Program content from Bootcamp, Skills & Accomplishments, Resumes, Cover Letters, Hidden Job Market, & Interview Strategies. **April 20**

**Second Career Information:** Second Career is an Ontario Government program that helps you train for a new job. If you were laid off any time after January 1, 2005 you may be eligible to apply for Second Career. This session will provide step-by-step information about the eligibility and suitability criteria for Second Career and will discuss the financial support that may be available, along with direction for next steps in the process. **April 11 & 26**

**Apprenticeship Information:** Apprenticeship is a hands-on training program for people who want to work in a skilled trade that can lead to a rewarding career in a high demand market. This session discusses some of the skilled trades in Ontario and the process for becoming an apprentice. **April 12**

**Career Exploration Series:** Changing careers can be scary and exciting all at the same time. This workshop series will de-mystify the whole career exploration process and give you the tools that you need to make a clear career decision. The series of 4 workshops is highly recommended to be done in order, but you can attend individual sessions as needed. **April 4, 10 & 23**

**How to Build a Career in the Financial Industry with Primerica:** Discover the possibilities of pursuing a career with an entrepreneurial spirit. Explore the concepts and opportunities that Primerica has to offer. **April 5**

**Health & Wellness Series with Marla Samuel:** Spring is the perfect time to reset and recharge your health. Join Marla, a Holistic Nutritionist, for the last of her 4-part series on managing stress, mental health, sleep and revitalization through food and nutrition. **April 12**

**Will you be Ready for your Retirement? RRSP Seminar with Primerica:** Have you calculated how much money you'll have to save in order to maintain your current lifestyle once you retire? Come and learn how to maximize the benefits of using the tax deferral tool: RRSP **April 12**

**R.E.A.P. Recovery Employment Assistance Program with Ann Vickery:** A 12-hour program that provides you with the necessary tools for successful reintegration into the workforce. It's designed to empower you to recognize the unique strengths you have to offer a potential employer and improve your chances of job retention. **April 3 & 10**

**Up Skills for Work Series: Accountability, Motivation & Attitude:** Now, more than ever, employers are identifying our soft skills as the most essential in the workplace. Attend these new and exciting workshops to help you put your best foot forward! **April 13, 24, & 27**

**Opportunities to Work from Home:** Does your life circumstance keep you from working outside of the home? Have you ever thought of working from home but wondered if some of those opportunities you have heard about are for real? Then you won't want to miss this new workshop! **April 27**

**YOUTH JOB SEARCH:** Are you 15-29? Do you need some guidance on how to write an effective resume? Nervous about interviews? Not sure what education you should pursue? Finished school and need to figure out what do with your education? Book an appointment to meet with our Facilitator and attend our monthly workshop to learn about effective job search strategies and meet with our Business Liaisons!

**Call to book your appointment and register for our workshops on April 5, 19, & 26**